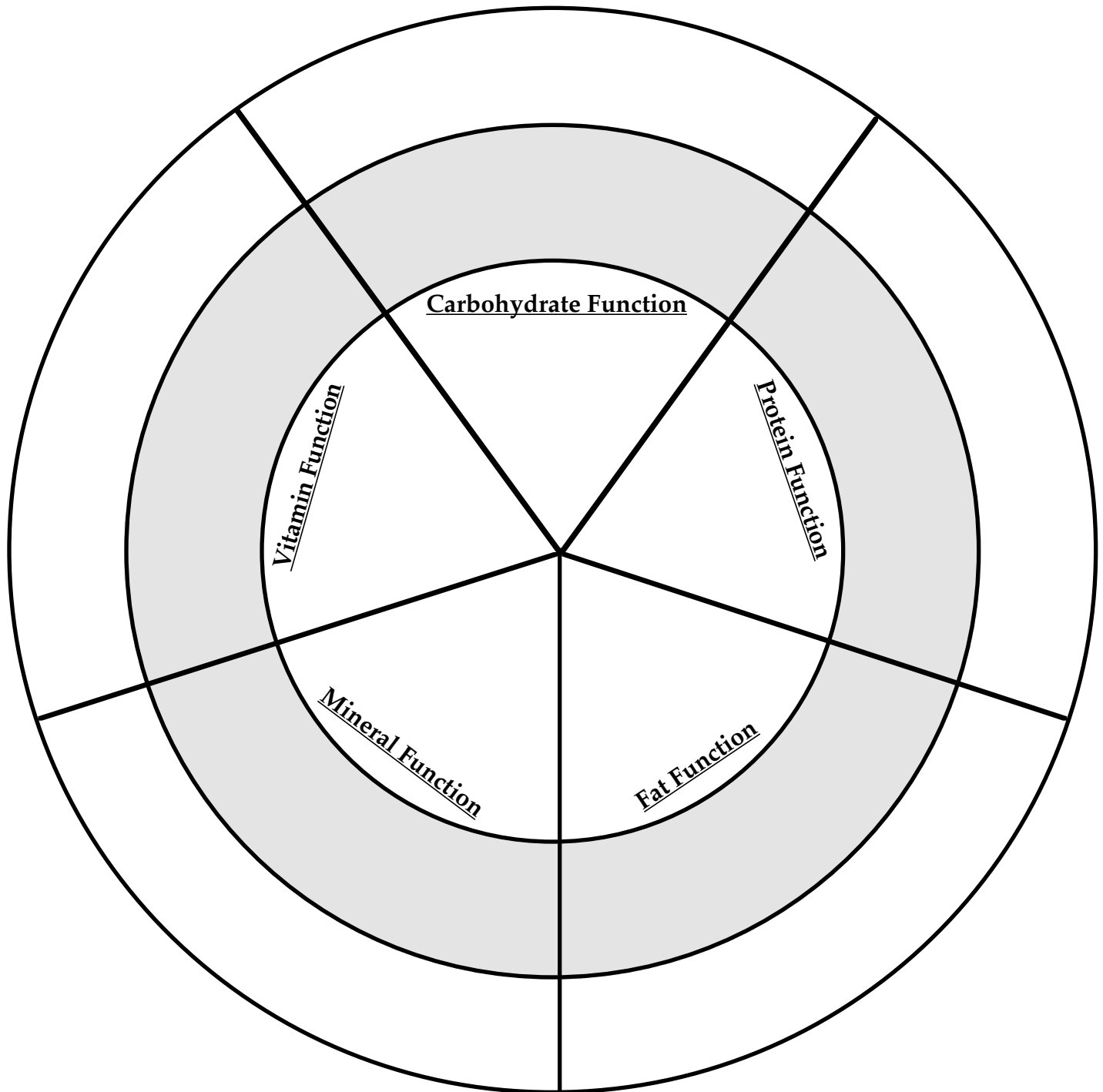


Food Nutrient Wheel



Shaded area = Food Examples from the Canada Food Guide related to the inner circle function

Outer area = Food Examples from a Secondary Food Guide related to the inner circle function. (i.e. Native Food Guide)